

Buddhism



Reincarnation and Karma

- Buddhists believe in reincarnation, which means each person has many lives.
- What a person does in each life determines what he or she will be in the next life, according to a doctrine called karma.
- Good deeds allow for person to be reborn as a higher being.
- Evil deeds cause a person to be reborn as lower being, such as an insect.



<https://www.youtube.com/embed/L3aQPrC50N4>



<https://www.youtube.com/embed/FwVQG0BNiRY>



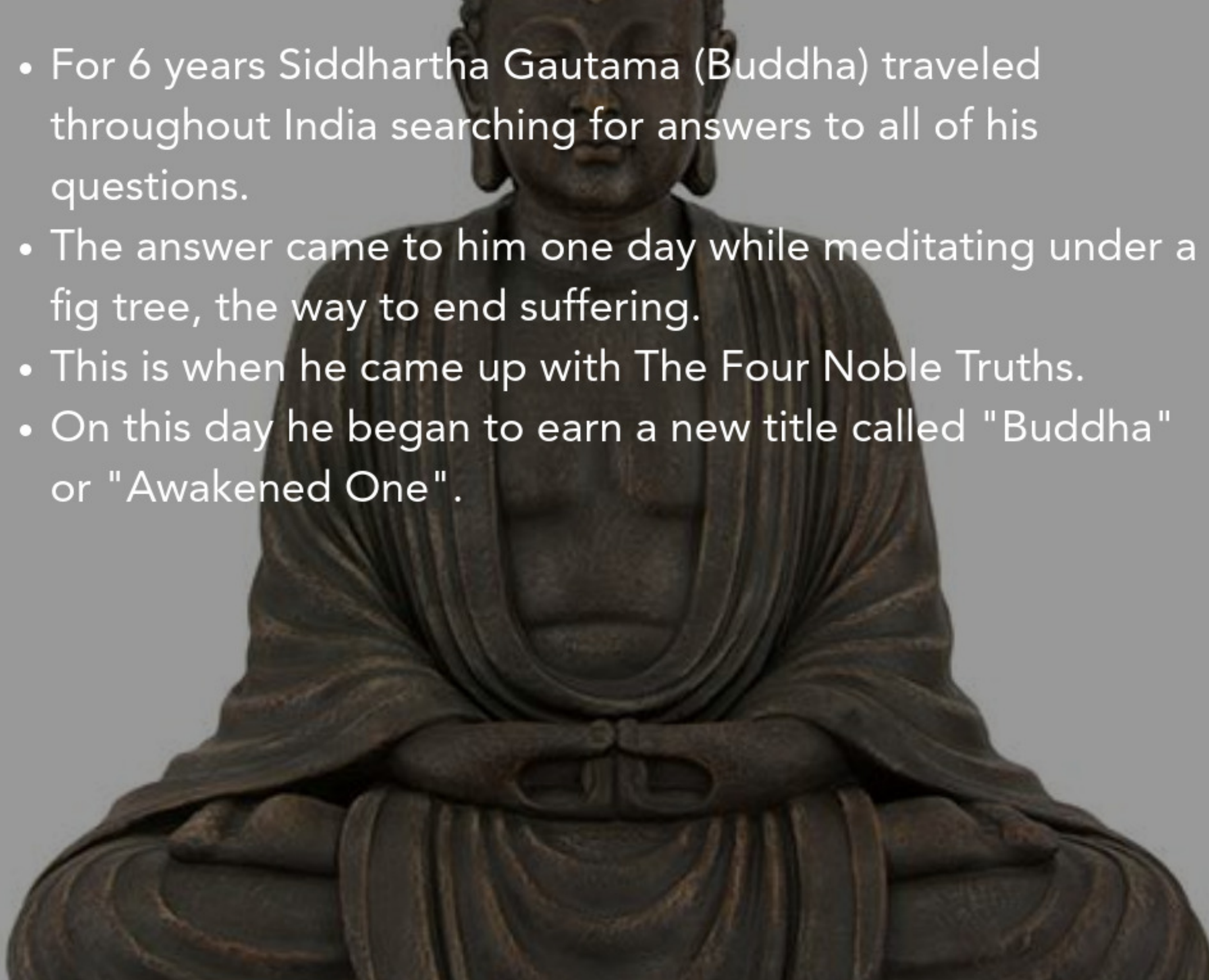
<https://cf.nearpod.com/neareducation/new/Slide/1273486/iconipad>

Buddhism

- Siddhartha Gautama was born a Hindu prince.
- He was sheltered from the outside world by his father.
- When he snuck out of the palace, he saw suffering.
- He left his wife and family and tried to find enlightenment.
- He tried Hindu approaches like asceticism (self-denial), but was unsatisfied.

Open Ended Question

Would you like to live in a palace where you got everything you wanted, but you could not leave?

- 
- For 6 years Siddhartha Gautama (Buddha) traveled throughout India searching for answers to all of his questions.
 - The answer came to him one day while meditating under a fig tree, the way to end suffering.
 - This is when he came up with The Four Noble Truths.
 - On this day he began to earn a new title called "Buddha" or "Awakened One".

Four Noble Truths

- Life is suffering.
- The cause of suffering is your desire for temporary pleasures of this world.
- The way to end suffering is to end desire.
- The way to end desire is the Noble Eightfold Path - right views, right resolve, right speech, right conduct, right livelihood, right effort, right mindfulness, and right concentration.

Draw It

Buddha began to teach his message to his new students throughout India. Draw a picture of yourself as one of Buddha's students. Include one question you would ask him.

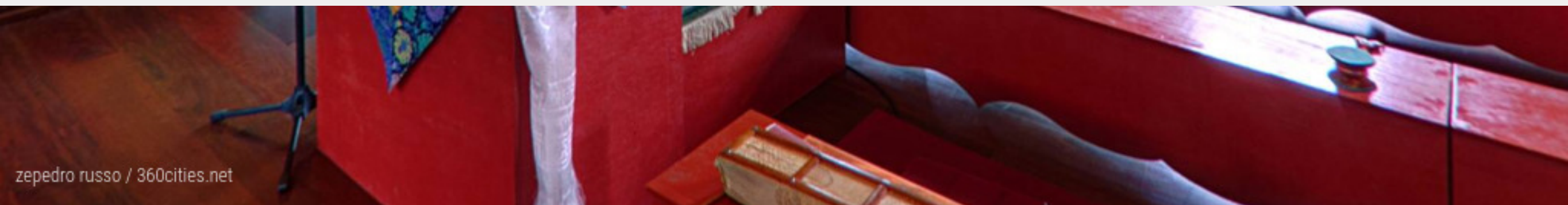


The Goal

- The goal for Buddhists is to achieve enlightenment and end the cycle of reincarnation, then reaching Nirvana.(Buddhist heaven)
- Buddhists want to become the "greatest person in the world".
- It means that to be the greatest is not an achievement that can be attained through competition. You can't win greatness - but you can achieve it. That means everyone can be the greatest.
- Here's an example: For a healthy ant to successfully carry one grain of rice is a great achievement. For a healthy horse to successfully carry one grain of rice is not all that terrific. The ant has put his best effort into his job. It has fulfilled its purpose as an ant. When this truth is achieved, the ant is no longer just an ant. The ant has moved into the realm of Truth - it has become the greatest ant in the world.



https://www.360cities.net/embed_iframe/main-hall?r=nearpod&fullscreen=true



zepedro russo / 360cities.net

Growth

- After the Buddha's death in 483 BCE, Buddhism spread rapidly throughout Southern and Eastern Asia.
- Today, Buddhism is a major world religion. There are over 300 million Buddhists in the world.



What did you learn about Buddhism?

Collaborate!

What did you learn about Buddhism?

Memory Test

